

Hi Everyone!

In my last newsletter I told you that I'm pursuing a path in long-term missions. Now, a big step was taken: On Oct 16th, my home church (FeG Heidelberg) officially voted in favor of sending me out! But it took a long time to get to this point – more in the newsletter.



After a long application process and 1 week of intense training, I'm finally a missionary with Globe Mission – certificate included



The Summer Low

Due to my illness (ME-CFS: Chronic Fatigue), I'm used to phases where I feel better or worse. But **this summer, things got especially rough:**

- Mid July - mid September I was not only exhausted, but also was suffering from **dizziness and heart pains**. It got so bad that I could at times barely walk.
- Despite best efforts, **I wasn't getting any clients as a Copywriter**. And finding a part-time job also wasn't getting anywhere.

And yet, God was working: For example, I got to preach on August 17th, and a teenager gave their life to Christ. And I experienced encouragement from the people around me – and then finally, some change:

The Shift: Healthy and hired by Globe Mission

After the aforementioned sermon, a lady from my church approached me and told me of a **therapy method** – she was willing to coach me in it. I had nothing to lose, so I tried it: Every day, little by little, drinking 1 liter of water mixed with a few drops of medicine. This is supposed to help oxygen get to the cells, which should fight infections and parasites.

At first, even just 1 ml of medicine caused terrible headaches and joint pain. But after 3 weeks, I finally saw positive results: The pain and dizziness went away, and my strength came back!

This miracle turned out to be vital for my application process as a missionary:

The obligatory “Ready2Go” Seminar was to take place in mid September for Globe Mission candidates. One week of intense program – from 8AM to 6PM. How would I ever manage it?

I already told Globe Mission that I couldn’t make it. But they responded: Feel free to come and participate at your own pace, and we will pray for healing. If necessary, you can come again in January to the next training. So I went ... and **despite the intense schedule, I didn’t miss a single class!** This means I passed the full application process of Globe Mission (see image 1).

And then, about 1 month later, my home church also voted to send me out to Uganda.

Therefore, I am now officially called to go work in Uganda as a missionary!

Outlook

Until I go, I’ll stay with my parents, preach every once in a while, and sell/give away things I no longer need. And I’m grateful to God that I finally also found a temporary part-time job.

My preliminary time of departure is April 2026 (for a 3-year-contract): **I will go to the Bible School “YWAM Arua”** (see map).

The area around Arua hosts the local population, but also hundreds of thousands of **refugees** from neighboring countries. The region is stable but **very poor**, and many people are **traumatized**. Also, many people are officially „Christians,“ but their faith isn’t rooted, so there are **issues with hypocrisy and false teachings**.



Arua is in northwest Uganda, on the border to the DRC and South Sudan

I will first do the DTS (Discipleship Training School). Then I will work at the Bible School as a teacher: I want to teach...

- **Biblical and theological understanding**
- **Creative thinking, as a means to fight poverty:** Many people have internalized that they are poor victims who rely on the orders of a boss. Through practical workshops (making toys, farming...), I want to show that God has given all of us gifts, which we can use for ourselves, but also to change our world.

My vision in one sentence: I want to enable poor people in Uganda to discover their relationship with God and their god-given creativity, to solve their own problems and shape their world.



More than a game: Even small exercises like making paper dolls encourage creative thinking and problem-solving skills

How you can support me

1. **Pray:** You can stay up-to-date with this **newsletter** and pray for me. And if you prefer small updates on the go, you can sign up for my **WhatsApp-group** (send me an email with your number if you want to join).
2. **Donate:** Both single and monthly donations are welcome. Follow the link/bank information at the end of the newsletter. For bank transfer: Add the subject line “Project 223 – Heymann”, as well as your address for a tax receipt (US donors: donate via “Globe International”, UK donors via “Globe UK”)

Today’s newsletter marks the end of my previous phase (internship in Uganda) and the start of my work with Globe Mission. So, I included the old numbering system one last time („Newsletter Nicole Heymann – 006“), while also adding the new Globe Mission logo and bank information below. **Whether you already read along during my internship, are a new subscriber, or you’re leaving the newsletter: Thank you for your support!** God bless you during the upcoming Christmas season,

Nicole

Prayer Requests

Thank God for:

- Good health, thanks to treatment
- Globe Mission training passed, calling though the home church
- Part-time job starting Nov 1st, 2025

Ask God for:

- Continued health
- Enough donors
- Good travel preparations



Note for US donors: use the globe international link to receive a tax receipt

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Please also add your ADDRESS in the first donation to receive your tax receipt.

Feel free to write me if you have questions or thoughts. And if you don't want the newsletter anymore, you can also unsubscribe by sending me a short note at hello@nicole-heyman.com.